

Elaine Alice Cong (Hsieh), MD

PROFESSIONAL EXPERIENCE

8/2015-ongoing Endocrinologist, Bergen Medical Alliance, Englewood, NJ
2003-2005 Research Assistant, Massachusetts General Hospital Schizophrenia Program,
Boston, MA

POSTDOCTORAL TRAINING

2012-2015 Columbia University New York Presbyterian Hospital, Endocrinology Fellowship
2009-2012 Yale New Haven Hospital, Traditional Internal Medicine Residency

EDUCATION

2005-2009 Albert Einstein College of Medicine, MD
1999-2003 Princeton University, BA, Psychology with Certificate in Neuroscience

LICENSES & CERTIFICATIONS

2015 Certified Clinical Densitometrist (CCD), International Society for Clinical
Densitometry
2015 NJ State Medical License
2014 Board Certified, Endocrinology, American Board of Internal Medicine
2012 NY State Medical License
2012 Board Certified, Internal Medicine, American Board of Internal Medicine

PUBLICATIONS

Cong E, Walker MD, Kepley A, Zhang C, McMahon DJ and Silverberg SJ. Seasonal variability in vitamin D levels no longer detectable in primary hyperparathyroidism. Accepted for publication, June 2015, J Clin Endocrinol Metab. PMID: 26120793

Walker MD, **Cong E**, Lee JA, Kepley A, Zhang C, McMahon DJ, Bilezikian JP and Silverberg SJ. Low vitamin D levels have become less common in primary hyperparathyroidism. Accepted for publication, June 2015, Osteoporosis Int. PMID: 26084258

Walker MD, **Cong E**, Lee JA, Kepley A, Zhang C, McMahon DJ and Silverberg SJ. Vitamin D in primary hyperparathyroidism: Effects on clinical, biochemical and densitometric presentation. Accepted for publication, June 2015, J Clin Endocrinol Metab. PMID: 26079779

Cong E and Walker MD. The Chinese skeleton: insights into microstructure that help to explain the epidemiology of fracture. Bone Research; 2014(2):14009. Available from:
<http://www.nature.com/articles/boneres20149>

Walker MD, **Cong E**, Kepley A, Di Tullio M, Rundek T, Homma S, Lee JA, Liu R, Chen P, Zhang C, McMahon DJ, Silverberg SJ. Association between serum 25-hydroxyvitamin D level and subclinical cardiovascular disease in primary hyperparathyroidism. J Clin Endocrinol Metab 2014; 99(2):671-80. PMID: 24285686

Evins AE, Cather C, Culhane MA, Birnbaum A, Horowitz J, **Hsieh E**, Freudenreich O, Henderson D, Schoenfeld DA, Rigotti NA, Goff DC. A 12-week double blind, placebo-controlled study of bupropion SR added to high-dose dual replacement therapy for smoking cessation or reduction in schizophrenia. Journal of Clinical Psychopharmacology 2007; 27(4): 380-386. PMID: 150179

Cong E and Walker MD. *Nutrition and skeletal health in other racial/ethnic groups*. In: Holick M and Dawson-Hughes B, eds. *Nutrition and Bone Health*. New York, NY: Humana Press; 2015: Chapter 17

ABSTRACTS

Cong E, Walker MD, Sum M, Lazar RM, Gazes Y, Kepley A, Slane K, Zhang C, McMahon DJ, Marshall RS and Silverberg SJ. Primary Hyperparathyroidism: Investigating Mechanisms of Cognitive Dysfunction. Accepted for presentation at the American Society for Bone and Mineral Research, Seattle, WA, October 2015

Cong E, Jacobs TP and Silverberg SJ. A Case Report: Bisphosphonate Therapy in a Patient with Extensive Osseous Sarcoidosis. Presented at the Endocrine Society Meeting, San Diego, California, March 2015

Cong E, Walker MD, Lazar RM, Gazes Y, Kepley A, Slane K, Zheng C, McMahon DJ, Marshall RS and Silverberg SJ. Primary Hyperparathyroidism: Cognitive Abnormalities and their Reversibility with Treatment. Presented at the Endocrine Fellows Foundation Research Conference, San Antonio, Texas, January 2015

Cong E and Silverberg SJ. A Case Report: A Patient with “Holes in Her Bones.” Presented at the Adult Bone and Mineral Working Group, American Society for Bone and Mineral Research, Houston, Texas, September 2014

Walker MD, Nishiyama K, **Cong E**, Lee JA, Kepley A, Zhang C, McMahon DJ, Guo E, Silverberg SJ. Low Vitamin D Levels in Primary Hyperparathyroidism Affect Cortical Bone Density and Porosity but not Estimated Bone Stiffness. Presented at the American Society for Bone and Mineral Research Annual Meeting, Houston, Texas, September 2014

Kepley A, Walker MD, **Cong E**, Zhang C, Lee J, Silverberg SJ. Primary Hyperparathyroidism Not Confounded by Coexisting Vitamin D Deficiency. Presented at the American Society for Bone and Mineral Research Annual Meeting, Houston, Texas, September 2014

Cong E, Walker MD, Kepley A, Zhang C, McMahon DJ, Silverberg SJ. No Seasonal Variation in 25-Hydroxyvitamin D in Mild Primary Hyperparathyroidism. Presented at the American Society for Bone and Mineral Research Annual Meeting, Houston, Texas, September, 2014

Cong E, Walker MD, Kepley A, Zhang C, McMahon DJ, Silverberg SJ. Vitamin D Deficiency is Less Common in Mild Primary Hyperparathyroidism. Presented at the American Society for Bone and Mineral Research Annual Meeting, Houston, Texas, September 2014

Cong E, Walker MD, Zhang C and Silverberg SJ. Standard Definition of Vitamin D Deficiency Does Not Identify Bone Mineral Density Differences in Mild Primary Hyperparathyroidism. Presented at the American Society for Bone and Mineral Research Annual Meeting, Baltimore, Maryland, October, 2013

Walker MD, **Cong E**, Chen P, Weber N, Kepley A, Zhang C, McMahon DJ, Lee and Silverberg SJ. Low Vitamin D Levels in Primary Hyperparathyroidism Are Associated with Low Cortical Bone Density at the Radius Independent of PTH. Presented at the American Society for Bone and Mineral Research Annual Meeting, Baltimore, Maryland, October, 2013

Abraham A, **Cong E** and Ebner SA. Case Report: Cardiomyopathy, Embolic Stroke and Atrial Fibrillation Associated with Exogenous Liothyronine. Presented at the American Thyroid Association Annual Meeting, San Juan, Puerto Rico, October, 2013

Cong E and Shane EJ. Case Report: Hypercalcemia and Pneumocystis jiorveci Pneumonia after Liver Transplantation. Presented at the Adult Bone and Mineral Working Group, American Society for Bone and Mineral Research, Baltimore, Maryland, October, 2013

Cong E, Insogna KL and Simpson C. The Relationship of Circulating Colony Stimulating Factor 1 Levels to Estrogen Status and Rates of Bone Loss in Post-menopausal Women. Presented at Yale New Haven Hospital Research in Residency Day, New Haven, Connecticut, May, 2012

McEvoy M, Jirasevijinda TJ, Marzan M, Koya M, **Hsieh E** and Alderman E. Gaps in Communication: Comparisons of Attitudes, Perceptions and Acceptance Between Parents and Pediatric Residents Regarding Complementary and Alternative Medicine Practice. Presented at the International Conference for Communication in Healthcare, Charlestown, South Carolina, October, 2007

Barr RS, Culhane MA, **Hsieh E**, Pizzagalli D, O'Shea J, Goff DC and Evins AE. The Effects of Nicotine on Reward Responsivity and Cognitive Function in Patients with Schizophrenia and Normal Controls. Presented at MGH Clinical Research Day, Boston, MA, June, 2005

HONORS & AWARDS

2013-2015	Endocrine Fellows Foundation Research Grant
2009	Edward Weinstein Award for Outstanding Scholarship and Human Commitment
2009	Albert Einstein College of Medicine Grant for Scholarship
2003	Thomas J. Watson Memorial Scholarship

PROFESSIONAL ORGANIZATIONS & SOCIETIES

2015	American Medical Association
2015	International Society for Clinical Densitometry
2013	American Thyroid Association
2013	American Society for Bone and Mineral Research
2012	American Association of Clinical Endocrinologists
2012	Endocrine Society
2005	American College of Physicians

PERSONAL & EXTRACURRICULARS

Proficient in Mandarin Chinese
Medical volunteer in Peru (2006) and Uganda (2008)